



Missouri Valley Jags

Rules and Policies

1. No one is allowed in the gym area or on the equipment, unless they are currently in class or being supervised by a Jags coach.
2. Anyone with a past due balance will not be able to participate in class.
3. Hair must be pulled up and proper attire worn during class. No bobby pins
4. No shoes are allowed on equipment. Indoor cheer shoes are allowed on floor and rod floor ONLY.
5. No food or drinks in the gym area.
6. Students who bring water bottles must leave them on the bleachers during class and must pick them up at the end of class.
7. No gum.
8. No flash photography